| Year | Month | Month <br> Numeric | Date Of Month | Day of week | Event |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2023 | January | 1 | 1 | Sunday | Public Holiday: New Year's Day |
| 2023 | January | 1 | 1 | Sunday | Skin Cancer Awareness Month (SunSmart) |
| 2023 | January | 1 | 2 | Monday | Public Holiday as New Years Day falls on a Sunday |
| 2023 | January | 1 | 4 | Wednesday | Spaghetti Day |
| 2023 | January | 1 | 6 | Friday | Bean Day |
| 2023 | January | 1 | 6 | Friday | Shortbread Day |
| 2023 | January | 1 | 8 | Sunday | English Toffee Day |
| 2023 | January | 1 | 8 | Sunday | Tennis: Australian Open starts |
| 2023 | January | 1 | 12 | Thursday | Curried Chicken Day |
| 2023 | January | 1 | 14 | Saturday | Hot Pastrami Sandwich Day |
| 2023 | January | 1 | 16 | Monday | International Hot and Spicy Food Day |
| 2023 | January | 1 | 19 | Thursday | Popcorn Day |
| 2023 | January | 1 | 21 | Saturday | Granola Bar Day |
| 2023 | January | 1 | 24 | Tuesday | Peanut Butter Day |
| 2023 | January | 1 | 25 | Wednesday | Irish Coffee Day |
| 2023 | January | 1 | 25 | Wednesday | Whipped Cream Day |
| 2023 | January | 1 | 27 | Friday | Chocolate Cake Day |
| 2023 | January | 1 | 30 | Monday | Croissant Day |
| 2023 | February | 2 | 1 | Wednesday | Healthy Lifestyle Awareness Month |
| 2023 | February | 2 | 3 | Friday | Carrot Cake Day |
| 2023 | February | 2 | 4 | Saturday | Homemade Soup Day |
| 2023 | February | 2 | 4 | Saturday | Stuffed Mushroom Day |
| 2023 | February | 2 | 5 | Sunday | Nutella Day |
| 2023 | February | 2 | 7 | Tuesday | Fettuccine Alfredo Day |
| 2023 | February | 2 | 13 | Monday | Tortellini Day |
| 2023 | February | 2 | 14 | Tuesday | St. Valentine's Day |
| 2023 | February | 2 | 18 | Saturday | Drink Wine Day |
| 2023 | February | 2 | 18 | Saturday | Hindu Festival: Maha Shivaratri |
| 2023 | February | 2 | 18 | Saturday | Wine Day |
| 2023 | February | 2 | 21 | Tuesday | Sticky Bun Day |
| 2023 | February | 2 | 22 | Wednesday | Christian Holy Day: Ash Wednesday |
| 2023 | February | 2 | 22 | Wednesday | Cook a Sweet Potato Day |
| 2023 | February | 2 | 23 | Thursday | Banana Bread Day |
| 2023 | February | 2 | 25 | Saturday | Chinese New Year |
| 2023 | February | 2 | 27 | Monday | Milk Tart Day |
| 2023 | February | 2 | 28 | Tuesday | Chocolate Soufflé Day |
| 2023 | March | 3 | 1 | Wednesday | Pancake Day |
| 2023 | March | 3 | 4 | Saturday | World Salt Awareness Week |
| 2023 | March | 3 | 6 | Monday | Frozen Food Day |
| 2023 | March | 3 | 6 | Monday | Jewish Holy Day: Purim |
| 2023 | March | 3 | 7 | Tuesday | Cereal Day |
| 2023 | March | 3 | 8 | Wednesday | Hindu Festival: Holi - Festival of Spring |
| 2023 | March | 3 | 8 | Wednesday | International Women's Day |
| 2023 | March | 3 | 9 | Thursday | Meatball Day |
| 2023 | March | 3 | 14 | Tuesday | Pie Day |
| 2023 | March | 3 | 14 | Tuesday | Potato Chip Day |
| 2023 | March | 3 | 17 | Friday | St. Patrick's Day |
| 2023 | March | 3 | 20 | Monday | Ravioli Day |


| 2023 | January | 1 | 2 | Monday | Public Holiday as New Years Day falls on a Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2023 | March | 3 | 20 | Monday | World Oral Health Day |
| 2023 | March | 3 | 21 | Tuesday | French Bread Day |
| 2023 | March | 3 | 21 | Tuesday | Public Holiday: Human Rights Day |
| 2023 | March | 3 | 23 | Thursday | Islamic Holy Day: Ramadaan - Commencement of Fasting |
| 2023 | March | 3 | 25 | Saturday | Waffle Day |
| 2023 | March | 3 | 26 | Sunday | Spinach Day |
| 2023 | March | 3 | 30 | Thursday | Hindu Festival: Rama Navami |
| 2023 | April | 4 | 2 | Sunday | Christian Holy Day: Palm Sunday |
| 2023 | April | 4 | 2 | Sunday | Peanut Butter and Jam Day |
| 2023 | April | 4 | 3 | Monday | Chocolate Mousse Day |
| 2023 | April | 4 | 5 | Wednesday | Jewish Holy Day: Pesach |
| 2023 | April | 4 | 7 | Friday | Christian Holy Day: Good Friday |
| 2023 | April | 4 | 7 | Friday | World Health Day |
| 2023 | April | 4 | 9 | Sunday | Christian Holy Day: Easter Sunday |
| 2023 | April | 4 | 10 | Monday | Public Holiday: Family Day |
| 2023 | April | 4 | 12 | Wednesday | Grilled Cheese Sandwich Day |
| 2023 | April | 4 | 19 | Wednesday | Garlic Day |
| 2023 | April | 4 | 20 | Thursday | Banana Day |
| 2023 | April | 4 | 21 | Friday | Tea Day |
| 2023 | April | 4 | 22 | Saturday | Islamic Holy Day: Eid-ul-Fitr - Termination of Fasting |
| 2023 | April | 4 | 27 | Thursday | Public Holiday: Freedom Day |
| 2023 | April | 4 | 28 | Friday | World Day for Safety and Health at Work |
| 2023 | May | 5 | 1 | Monday | Public Holiday: Workers Day |
| 2023 | May | 5 | 4 | Thursday | Orange Juice Day |
| 2023 | May | 5 | 6 | Saturday | International No Diet Day |
| 2023 | May | 5 | 7 | Sunday | Roast Leg of Lamb Day |
| 2023 | May | 5 | 11 | Thursday | Eat what you want day |
| 2023 | May | 5 | 13 | Saturday | Apple Pie Day |
| 2023 | May | 5 | 13 | Saturday | International Humus Day |
| 2023 | May | 5 | 14 | Sunday | Mother's Day |
| 2023 | May | 5 | 15 | Monday | International Day of Families |
| 2023 | May | 5 | 17 | Wednesday | World Baking Day |
| 2023 | May | 5 | 18 | Thursday | Christian Holy Day: Ascension Day |
| 2023 | May | 5 | 21 | Sunday | World Whisky Day |
| 2023 | May | 5 | 25 | Thursday | Africa Day |
| 2023 | May | 5 | 25 | Thursday | Jewish Holy Day: Shavuot |
| 2023 | May | 5 | 28 | Sunday | Christian Holy Day: Pentecost |
| 2023 | May | 5 | 28 | Sunday | International Hamburger Day |
| 2023 | June | 6 | 1 | Thursday | Dairy Month |
| 2023 | June | 6 | 1 | Thursday | Men's Health Month - CANSA |
| 2023 | June | 6 | 1 | Thursday | World Milk Day |
| 2023 | June | 6 | 1 | Thursday | Youth Month |
| 2023 | June | 6 | 2 | Friday | Italian National Day |
| 2023 | June | 6 | 3 | Saturday | Doughnut Day |
| 2023 | June | 6 | 3 | Saturday | Egg Day |
| 2023 | June | 6 | 4 | Sunday | Cheese Day |
| 2023 | June | 6 | 6 | Tuesday | Swedish National Day |
| 2023 | June | 6 | 7 | Wednesday | Chocolate Ice Cream Day |
| 2023 | June | 6 | 7 | Wednesday | Ring Doughnut Day |
| 2023 | June | 6 | 10 | Saturday | Herbs \& Spices Day |


| 2023 | January | 1 | 2 | Monday | Public Holiday as New Years Day falls on a Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2023 | June | 6 | 10 | Saturday | Iced Tea Day |
| 2023 | June | 6 | 10 | Saturday | Portuguese National Day |
| 2023 | June | 6 | 16 | Friday | Public Holiday: Youth Day |
| 2023 | June | 6 | 17 | Saturday | Fresh Veggies Day |
| 2023 | June | 6 | 18 | Sunday | Father's Day |
| 2023 | June | 6 | 18 | Sunday | International Sushi Day |
| 2023 | June | 6 | 22 | Thursday | Chocolate Éclair Day |
| 2023 | June | 6 | 26 | Monday | Chocolate Pudding Day |
| 2023 | June | 6 | 29 | Thursday | Islamic Holy Day: Eid al-Adha - Festival of Sacrifice |
| 2023 | July | 7 | 1 | Saturday | Cycling: Tour De France - Start |
| 2023 | July | 7 | 1 | Saturday | Horse Racing: Vodacom Durban July |
| 2023 | July | 7 | 1 | Saturday | Nelson Mandela Month |
| 2023 | July | 7 | 3 | Monday | International Plastic Bag Free Day |
| 2023 | July | 7 | 3 | Monday | Tennis - Wimbledon: Start |
| 2023 | July | 7 | 6 | Thursday | Fried Chicken Day |
| 2023 | July | 7 | 7 | Friday | International Chocolate Day |
| 2023 | July | 7 | 7 | Friday | Macaroni Day |
| 2023 | July | 7 | 7 | Friday | Milk Chocolate Day |
| 2023 | July | 7 | 7 | Friday | World Chocolate Day |
| 2023 | July | 7 | 12 | Wednesday | Pecan Pie Day |
| 2023 | July | 7 | 13 | Thursday | French Fries Day |
| 2023 | July | 7 | 18 | Tuesday | Nelson Mandela Day |
| 2023 | July | 7 | 20 | Thursday | Hot Dog Day |
| 2023 | July | 7 | 21 | Friday | Junk Food Day |
| 2023 | July | 7 | 23 | Sunday | Cycling: Tour De France - Finish |
| 2023 | July | 7 | 28 | Friday | Islamic Holy Day: Muharram - New Year |
| 2023 | July | 7 | 29 | Saturday | Lasagne Day |
| 2023 | July | 7 | 30 | Sunday | Cheesecake Day |
| 2023 | August | 8 | 1 | Tuesday | Women's Health Month |
| 2023 | August | 8 | 4 | Friday | Chocolate Chip Cookie Day |
| 2023 | August | 8 | 4 | Friday | International Beer Day (1st Friday of August) |
| 2023 | August | 8 | 8 | Tuesday | Zucchini Day |
| 2023 | August | 8 | 9 | Wednesday | Public Holiday: National Women's Day |
| 2023 | August | 8 | 9 | Wednesday | Rice Pudding Day |
| 2023 | August | 8 | 19 | Saturday | Potato Day |
| 2023 | August | 8 | 29 | Tuesday | More Herbs, Less Salt Day |
| 2023 | August | 8 | 30 | Wednesday | Hindu Festival: Raksha Bandhan |
| 2023 | September | 9 | 1 | Friday | Chicken Month |
| 2023 | September | 9 | 1 | Friday | National Heart Awareness Month |
| 2023 | September | 9 | 1 | Friday | National Oral Health Month |
| 2023 | September | 9 | 3 | Sunday | International Bacon Day |
| 2023 | September | 9 | 5 | Tuesday | Cheese Pizza Day |
| 2023 | September | 9 | 5 | Tuesday | World Samoosa Day |
| 2023 | September | 9 | 7 | Thursday | Salami Day |
| 2023 | September | 9 | 7 | Thursday | Secretaries Day |
| 2023 | September | 9 | 9 | Saturday | Biltong Day |
| 2023 | September | 9 | 14 | Thursday | Cream Filled Donut Day |
| 2023 | September | 9 | 15 | Friday | Cheeseburger Day |
| 2023 | September | 9 | 15 | Friday | Jewish Holy Day: Rosh Hashana - 1st Day |
| 2023 | September | 9 | 17 | Sunday | International Coastal Clean-up Day |


| 2023 | January | 1 | 2 | Monday | Public Holiday as New Years Day falls on a Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2023 | September | 9 | 17 | Sunday | International Eat an Apple Day |
| 2023 | September | 9 | 17 | Sunday | National Recycling Day |
| 2023 | September | 9 | 22 | Friday | White Chocolate Day |
| 2023 | September | 9 | 24 | Sunday | Jewish Holy Day: Yom Kippur |
| 2023 | September | 9 | 24 | Sunday | National Braai Day |
| 2023 | September | 9 | 24 | Sunday | Public Holiday: Heritage Day |
| 2023 | September | 9 | 25 | Monday | Public Holiday as Heritage Day falls on a Sunday |
| 2023 | September | 9 | 29 | Friday | Jewish Holy Day: Sukkot |
| 2023 | September | 9 | 29 | Friday | World Heart Day |
| 2023 | October | 10 | 1 | Sunday | Fair Trade Month |
| 2023 | October | 10 | 1 | Sunday | International Breast Cancer Month |
| 2023 | October | 10 | 1 | Sunday | International Coffee Day |
| 2023 | October | 10 | 1 | Sunday | World Vegetarian Day |
| 2023 | October | 10 | 6 | Friday | Jewish Holy Day: Simchat Torah |
| 2023 | October | 10 | 10 | Tuesday | World Porridge Day |
| 2023 | October | 10 | 13 | Friday | World Egg Day (2nd Friday of October) |
| 2023 | October | 10 | 16 | Monday | Bosses Day |
| 2023 | October | 10 | 16 | Monday | World Food Day |
| 2023 | October | 10 | 18 | Wednesday | Chocolate Cupcake Day |
| 2023 | October | 10 | 25 | Wednesday | World Pasta Day |
| 2023 | October | 10 | 28 | Saturday | Greek National Day |
| 2023 | October | 10 | 31 | Tuesday | Halloween |
| 2023 | November | 11 | 1 | Wednesday | Sun Smart Awareness Month - CANSA |
| 2023 | November | 11 | 1 | Wednesday | World Vegan Day |
| 2023 | November | 11 | 3 | Friday | Sandwich Day |
| 2023 | November | 11 | 8 | Wednesday | Cappuccino Day |
| 2023 | November | 11 | 10 | Friday | World Quality Day |
| 2023 | November | 11 | 12 | Sunday | Chicken Soup Day |
| 2023 | November | 11 | 12 | Sunday | Hindu Festival: Deepvali/Diwali - Festival of Lights |
| 2023 | November | 11 | 14 | Tuesday | World Diabetes Day |
| 2023 | November | 11 | 17 | Friday | Homemade Bread Day |
| 2023 | November | 11 | 20 | Monday | International Children's Day |
| 2023 | November | 11 | 23 | Thursday | Espresso Day |
| 2023 | November | 11 | 26 | Sunday | Cake Day |
| 2023 | November | 11 | 26 | Sunday | International Cake Day |
| 2023 | December | 12 | 1 | Friday | International Aids Day |
| 2023 | December | 12 | 2 | Saturday | Fritters Day |
| 2023 | December | 12 | 7 | Thursday | Jewish Holy Day: Hanukkah |
| 2023 | December | 12 | 9 | Saturday | Pastry Day |
| 2023 | December | 12 | 16 | Saturday | Chocolate-Covered Anything Day |
| 2023 | December | 12 | 16 | Saturday | Public Holiday: Day of Reconciliation |
| 2023 | December | 12 | 24 | Sunday | Egg Nog Day |
| 2023 | December | 12 | 25 | Monday | Christian Holy Day: Christmas Day |
| 2023 | December | 12 | 26 | Tuesday | Public Holiday: Day of Goodwill |
| 2023 | December | 12 | 31 | Sunday | Champagne Day |

